



MOMENTS OF FREEDOM

How to create a welcoming space

www.momentsoffreedom.org





Welcoming new people to our group

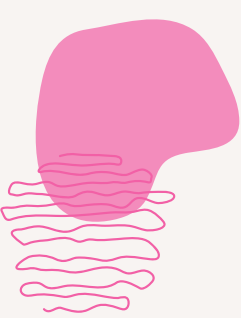
Moments of Freedom is a project based at Outside the Box, led by New Scot women resettled in Clydebank. It is a safe space for women to come together to be themselves, make connections, share their skills and expertise to shape their local community for the meaningful integration of their families.

Over the past few months, we've been getting ready to meet new women and their families who have sought safety and resettled in Scotland, because of the crisis in Afghanistan.

We want them to feel included, and know they can have a say in our group. As existing Moments of Freedom members are New Scots who resettled a few years ago, we can use the experience of being new to Scotland to create a welcoming space.

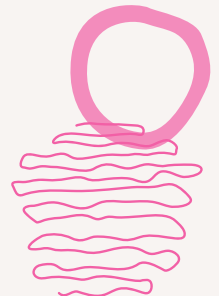
This resource shares how we planned our event to welcome the new women.





Our values

- Our project values and supports the wellbeing of individuals and their communities.
- We work with local associations and partnerships to make our work together sustainable.
- Kindness- as a welcome to bring people together; all of our work is about manners and respect (both ways).
- Giving time and space to learn from and about each other.
- Human rights, equality and diversity are not concepts but are a part of everyday life. Everyone's contributions are valued and nourished across our community.
- People feel safe and supported to share their experiences and skills.

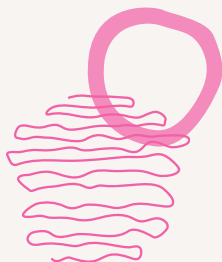
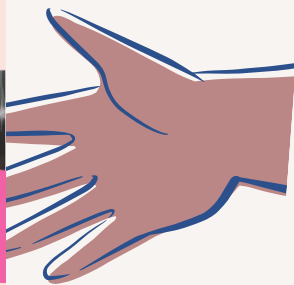


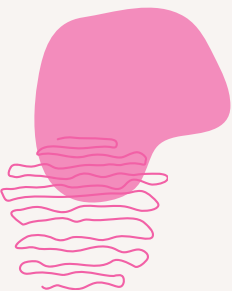


Inviting people to a welcoming event

In our meetings in Centre 81 we planned postcard-sized flyers to distribute throughout the community and discussed how we can make our sessions as welcoming as possible.

We started learning digital design on Canva, this was so we could create welcoming designs that reflect who we are.





Setting up the space



We decided to meet the new women in a community centre, for a cup of coffee and a warm welcome.

We work with Arabic and Pashto interpreters so we can equally understand each other and create a safe space for getting together as women.

We carefully choose the topics and activities we plan to do as we understand that people are going through a lot of changes.

It's good to have different activities to choose between. We decided to bring clay to make small pots, but also have the option to talk and write poetry together instead.



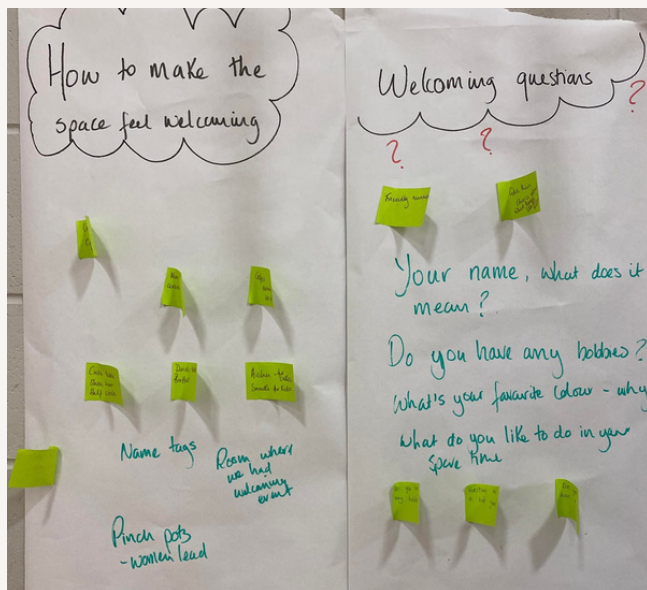


Comfortable questions to get to know each other

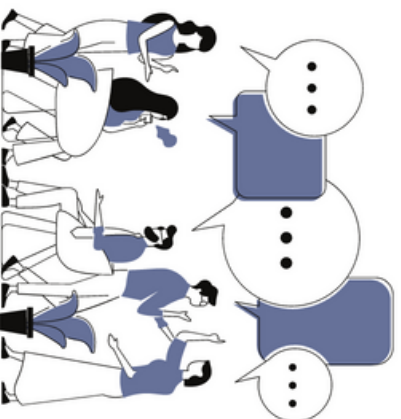
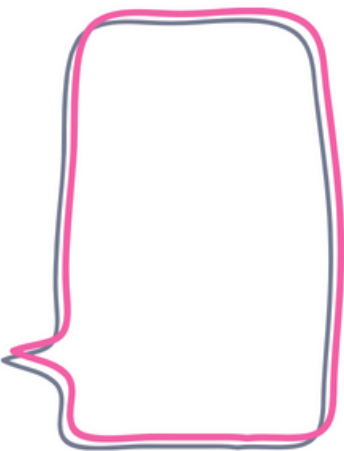
We wrote down some conversation ideas to welcome the new women.

We came up with questions we liked to be asked when we first moved to Scotland.

- What's your favourite colour - why?
- Do you have any hobbies?
- What does your name mean?
- What do you like to do in your spare time?



What would you like
to tell us about you,
your work, or
activity group?



MOMENTS OF
FREEDOM
لحظات الحرية

New Scots connecting with communities
"Where we are now is what matters most"

Welcoming
conversations...
let's get chatting!





We hope you find
this helpful!

Moments of Freedom

