

Wednesday Group

Tealing Hall 1.30 – 3.00pm

All welcome

13th Sept	60's and 70's quiz – test your knowledge!
20th Sept	Soup and pudding club
27th Sept	Visit by local Community Fire Officer - fire safety in colder weather
4th Oct	Human Rights for Older People – a chat with Louise and Ingrid from Outside the Box
11th Oct	Talk by Daniel Millar and others about their life changing Polar Academy experiences
18th Oct	Soup and pudding club
25th Oct	An afternoon of music and singing with the amazing Tay Ukes
1st Nov	New Age Kurling – try this rapidly growing sport for all ages and abilities
8th Nov	Bingo Boost – bingo but not as you know it!
15th Nov	Soup and pudding lunch club
22nd Nov	TBC
29th Nov	Golden oldies Movie afternoon (TBC)
6th Dec	Christmas Lunch outing
13th Dec	Mince pies and Secret Santa

Contact Gillian, Tealing Community Co-ordinator, at gillian@otbds.org to find out more or get involved