# **MOMENTS OF FREEDOM** POETRY TIPS

www.momentsoffreedom.org





## What we did

We celebrated International Women's Day on Tuesday 8th March and recognised the strength and bravery of the New Scot women in our group.

Step 1 We got together in a cosy, welcoming space in our community.

Step 2 One of the women led the group and shared some of her tips on how to write poetry.

Step 4

We all wrote about things that remind us of Moments of Freedom and what friendship means to us. You can start with any idea!

We put the poems we wrote together to create our International Women's Day poem.

You can read the poem we created on the next page! We think you will agree it turned out very powerful and thought provoking.

Step 3

We wrote in our mother languages of Pashto, English and Arabic, sharing ideas with the help of interpreters.

Step 5



بمناسبة عيد المرأة

HOW BEAUTIFUL THIS MORNING THE LADY OF THE EARTH IS BATHED IN DEW DROPS. SHE SINGS THE SHY RAYS OF THE SUN, SHAKES OFF HER LEGENDARY BED WITH FLOWER NURSERIES, LOOKS AT HER FAITHFUL MIRROR, BEAUTIFIES HER WITH THE SWEETEST SMILES, EXTENDS HER HAND TO RENEW THE ETERNAL COVENANT, AND CARRIES HER LUMINOUS LILIES FOR THE BEGINNING OF A NEW YEAR, IN THE WORLD OF THE LAVISH FEMALE DREAM.

MORNING, SOUL, AGAIN. A SYMBOL OF GIVING.

ما أجمل هذا الصباح تغتسل فيه سيدة الأرض بقطرات الندى، تترنم بشعاع الشمس الخجولة، تنفض عن سريرها الأسطوري مشاتل الزهور، تنظر لمرآتها الوفية، فتتجمل بأحلي الابتسامات، وتمد يدها لتجدد العهدة الأبدية، فتحملها زنابق نورانية لبداية سنة جديدة، في عالم الحلم الأنثوي الباذخ. في عيدك الأممي سيدتي أقول :

> ولأننى امرأة... سأولد مع إشراقة كل صباح، مع ترتيلة كُل صلاة، سآولد من حنايا روحي المهترئة، سألملم بقايا أشلائي، ورماد احتراقی، وأزرعها زنابق تفوح بالحياة من جديد. كل عام وأنت حواء الباهرة کل عام وانت سیدتی. رمز للعطاء .



### ON THE OCCASION OF WOMEN'S DAY

ON YOUR INTERNATIONAL DAY, MADAM, I SAY: AND BECAUSE I'M A WOMAN... I WILL BE BORN WITH A RADIANCE EVERY

WITH THE HYMN OF EACH PRAYER, I WILL BE BORN FROM THE FRAYED FOLDS OF MY

I ASK THE REMAINS OF MY REMAINS, COMBUSTIBLE ASH, AND I PLANT THEM LILIES THAT BREATHE LIFE

EVERY YEAR AND YOU ARE THE BRILLIANT EVE HAPPY NEW YEAR, MADAM.













## Our top tips

Don't worry if it takes some time, or you don't think it sounds good at first!

Tip 2

Tip 3

The basis of writing poetry is a hobby. You should some have some interest to be able to learn. If you do not like poetry, it's more difficult to learn.

Tip 1 It's important to find a spark or inner inspiration. Choosing a topic you care about is very important as the subject you address is what ignites your inner inspiration. After our poetry session, the group put together some top tips for writing poetry for beginners.

> Finally, you should try to read poetry to learn ideas and topics addressed by other poets. This helps your style and helps guide you to be distinguishable from others, without imitating them.

Tip 4

### BONUS: BECOMING A PUBLISHED POET!

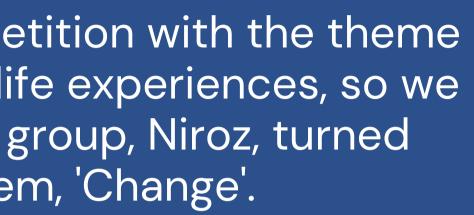
The Clydesider magazine held a poetry competition with the theme 'Change'. This topic connects to many of our life experiences, so we decided to enter. One of the women in our group, Niroz, turned everyone's ideas into a beautiful poem, 'Change'.

We submitted the poem ... and won!

It's published in Issue 19 of the Clydesider, on page 2. www.clydesider.org/publications

If you want to share your poetry, often local magazines, papers and newsletters have competitions. There are also poetry websites and journals you can send poems to for free.

Or you can post your writing on social media to share it with people.









### Mummy [mummy]

ماما ماما يا ألحان املأ قلبي بندى الحب أنا أغني عيد ميلادك ، عيد ميلادي ابتسامة أمي سر وجودي أنا طائر يملأ بيتي تقبيل ماما وضح النهار أفتح عيني عند الفجر أرى ماما تمسح شعري أنا أحب ماما ، فادي ماما



## POETRY COMPETITION WINN

Change By Niroz Yousif, on behalf of the Moments of Freedom group

My pen, gather all the words Love and light at all times Close the book of the past and memories Stop the clockwise for a moment Do not tell the pain and the stories Don't make it stations for humans Let's break the ice of distances And steal happiness and laughter To meet at all beginnings And put an end to all disputes And light the universe with love and prayers Let's drink doses of hope Pulse and love like butterflies Let's draw with love and looks To overcome all obstacles And we live in the kingdom of princes and princesses Imprint of civilizations Love is the most sacred of sacred things And love is the most beautiful sacrifice My pen collects the most beautiful words

Clydesider magazine and website are published by Clydesider Creative Ltd, Company number SC528225 (registered at Companies House in Scotland); Clydesider Creative Ltd is independent of any other media company or network. We accept no responsibility for anything stated by advertisers, who are themselves responsible for complying with relevant legislation. @ Clydesider Creative Ltd. Content published in o

2ur magazines or on our website may not be reproduced in any form without our express written permission. Our Complaints Procedure is available at www.clydesider.org/publications or email amanda@clydesider.org



## We hope this helps you find the poetry in your community! Moments of Freedom

## outsidethebox



This project has been part funded by the European Union Asylum, Migration and Integration Fund. Making management of migration flows more efficient across the European Union.