



Scottish Government
Riaghaltas na h-Alba
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**connecting
equalities**

Learning about rights sessions

Background

Outside the Box provides development support to people who want to make a difference in their communities. We seek to fill the gaps in services and community activities by developing new approaches with families, people and communities, supporting people to live in communities that are inclusive, empowered, resilient and safe.

We use Human Rights based approaches in our work, making sure people know how to take ownership of their rights, sharing information and working with other organisations to improve access to human rights.


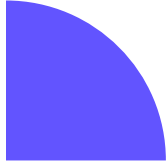


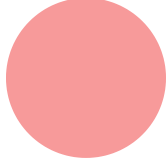
Our learning about rights sessions support people to think about areas in their lives where they'd like to make change using their everyday rights.

The sessions provide a safe space to discuss some of the barriers people can face in taking ownership of their rights, and collectively identify solutions and practical actions for change.





**What do our sessions
include?**

-  **Setting the scene**- background on the Human Rights Act and how our broader rights relate to equality.
-  **Human Rights Based approaches**- what are they and how can they work for us?
-  **Open discussion**- identifying the challenges and seeking solutions
-  **Action planning**- prioritising key areas for change using practical human rights tools.
-  **Developing your own human rights charter**- based on your learning, what you think are the most important rights messages for you and your community. We support you to create a short 'Biteable' film around this or design for sharing across your networks.



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