

Community Gardens

Tweeddale area

It is well researched and documented that gardening is very good for your physical and mental health and can aid recovery from illness. In a community garden you get the added bonus of belonging to a like minded group of people, giving something back to the community, and the opportunity to make friends, learn from, teach, support and be supported by other people. It's also fun, very rewarding and there is a great feel-good factor after working in the garden.

We are very lucky in this area to have several different community gardens all with a slightly different focus. It's a great way to provide good food locally, free and with no air miles. Something to suit everyone.

Borders Buddies is a project in the Tweeddale and Hawick areas, funded by The National Lottery Community Fund. It supports people to find a Buddy to chum them along to groups or activities they want to do. If you would like a Buddy to go along to a community garden with you, get in touch with ruth.n@otbds.org or christine@otbds.org.



The Secret Garden

The Secret Garden, in the heart of Peebles, offers a peaceful haven just off the High Street and welcomes everyone to come, sit, enjoy and join in. It's well known that gardening is good for physical and mental health. The garden is in Dean's Wynd, behind the British Heart Foundation, and is always open during shop hours. Gardeners can regularly be found there on Tuesdays from 11 am to 1 pm. All welcome. Come and meet us, garden and enjoy.

Contact • Lesley 07792 932406 or Jan 07739 031868

The Glebe Project

This is a therapeutic growing project for anyone in the Tweeddale area who wants to volunteer to help out in the garden/grow and harvest/spend time with others interested in gardening or improving their health. Volunteers are very welcome.

The Glebe is situated behind The Manse, Innerleithen Road, Peebles, EH458BD and people are welcome to come on a Wednesday between 10.00 and 4.00 for a coffee/tea and a chat, or to work in the garden.

Contact • shirleykspence@gmail.com, 07932 436077

Floral Peebles

Volunteers plant and maintain 10 areas of flower beds and over 70 plant tubs / baskets on the main streets. We organise the sowing of three areas of wild flowers every year involving four youth groups to help them understand how important wild flowers are. Please consider joining our friendly team.

Contact • John, 07707 658 529 or contact him via messenger



LOTTERY FUNDED

Greener Peebles

The Greener Peebles community garden is located behind Victoria Park day centre on Kingsmeadows Road. Our volunteer sessions (Tuesdays and Fridays from 10.00-12.00) welcome gardeners of all ages and abilities, from those who would like to share their knowledge, to supporting people who are learning to grow fruit and vegetables. The garden promotes sustainable living, inclusive communities and living a healthy lifestyle.

Contact • rachel@greenerpeebles.org or info@greenerpeebles.org

Bonnie Peebles

Bonnie Peebles group looks after several public areas around town providing colourful flower beds for all to enjoy. They would welcome more volunteers.

Contact • Margaret Wightman, stuartwightman@gmail.com

Railway Path Group - Innerleithen Community Trust

The group has taken on the responsibility for the railway path from Haughhead Bridge to the Woodend Bridge. Their aim is to encourage diversity and wildlife habitat. Their volunteer group is out every Tuesday from 10.00-12.00 weather permitting.

Anyone interested can go on the mailing list.

Contact • Ross McGinn community@innerleithen.org.uk

St Ronan's Wells Garden

This garden is a stunning ornamental garden that is an iconic part of Innerleithen history. Although a hill garden, our working area is on level ground with work to suit all levels of fitness and ability. Our focus is on developing interpretation in our herb garden, increasing biodiversity and habitat for pollinators, activities for visitors and children, and an inspiring space for local groups to use and enjoy.

Volunteers meet Thursdays 11am till 3pm, attendance is very relaxed and flexible.

Contact • Jan Cameron 07739031868

Newlands Grow Your Own

This is a community garden in the grounds of Newlands Community Centre. As well as working alongside local primary schools and nurseries they have a weekly volunteering session, inviting the local community along to enjoy the garden whilst learning about growing their own food. The garden offers people the chance to meet others and learn new skills in a relaxed and informal environment. All ages and abilities are warmly welcomed and there's always a cup of tea and cake on hand. Sessions are seasonal, running from Spring to Autumn, Wednesday 3.30-5pm.

Contact • Facebook @NewlandsGrowYourOwn or email lizzie@newlandscentre.org.uk

Peebles Path Group (PPG)

This group undertakes vegetation management and litter picking on the Tweed Valley Rail Path between Peebles and Cardrona, in conjunction with Scottish Borders Council. Sessions on the 1st Thursday and the 3rd Sunday of the month, subject to weather and volunteer availability. Tools and guidance provided. For more information or to volunteer:

Contact • ppg2019@googlegroups.com

The Edible Garden

This is a community garden behind St Ronan's Primary School in Innerleithen. We encourage old and young volunteers to come and use the garden to learn how to grow and harvest organic fruit and vegetables to improve diet, health and wellbeing. We link up with the Primary school to teach the children where their food comes from and how to grow their own fruit and vegetables for a healthier lifestyle.

Garden Club on Fridays 11am-12.15.

Children's Garden Club is 12.15-1.15 on Fridays.

Contact • via Facebook - The Edible Garden



newlands outside the box
grow your own

