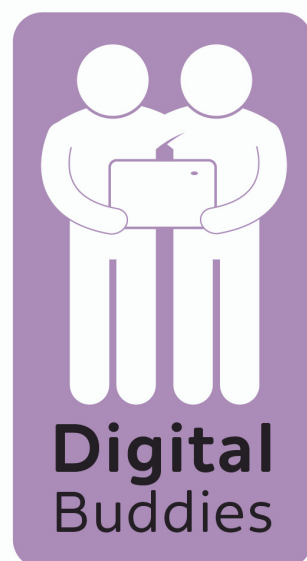


DIGITAL BUDDIES

Are you an older person who would like to feel more confident using digital technology to:

- **Keep in touch with friends and family**
- **Shop online**
- **fill in forms online**
- **Learn new skills**



Digital Buddies is here to help!

Over the next 6 months we are looking to work with older people in the Scottish Borders who are keen to connect digitally with the wider world, learn new skills or become more confident using technology.

What If I don't own equipment to take part?

Don't worry about not having access to equipment as we have secured grants that will enable us to provide you with equipment to get you started, however, if anyone wants to donate equipment to help us reach more people, that will be very welcome.

All the support and training will be tailored to what you want to learn/become more confident in & will go at your pace.

If you are interested in being part of digital buddies or know someone who you think would benefit please get in touch with Christine at: **Christine@otbds.org** or **call 07921 265515**