

# Living well with Dementia

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**12TH MARCH 2019**

**10.30-2.30**

An event for sharing ideas, information and experience about living well with Dementia

**Birnam Arts Centre,  
Station Road, Birnam, PH8 0DS**

10.30am: Arrivals and refreshments

11.00am: Agnes Houston MBE\* -

Sensory Presentation and Q&A

12.00pm: Lunch (provided)

12.30pm: Support Choices -

Introduction and Q&A

1.45pm: Networking and Conversations

2.30pm: close

**A quiet space will be provided  
throughout the event for those  
who require it.**



\* Agnes campaigns for better understanding around the sensory impacts of dementia



**Contact [holli@otbds.org](mailto:holli@otbds.org) / 01350 729130 for more info or to book a place.  
Please let us know if you have any access or dietary requirements.**