



OPEN DOORS FORTNIGHT – BRECHIN (Sep 2018)

Information on community groups and activities in the local area - brought to you by the new Brechin Information Hub in partnership with Brechin Community Pantry



REGULAR DATES FOR YOUR DIARY

WHERE	WHEN	WHAT	CONTACT
Brechin Bowling Club Argyll Street	Fortnightly: Tuesday pm Thursday am	The Brechin Thrang - Provides leisure activities for people with dementia and those who need a warm place and welcome. Transport under consideration. No cost.	Raymond Wood Tel: 01356 625449
Brechin Cathedral Hall	Friday: 1pm – 3pm	A Tea n Tune - Free social group for seniors in the community to sit and listen or sit and play music. Cuppa provided. No cost. No transport but easy parking and disabled access.	Caroline Farquhar Tel: 07703 577005
Brechin Community Campus	Tuesday and Thursday: 12pm	Seated Exercise Class – Aimed at older adults with a health conditions or those new to exercise looking to start. £3.60 per class.	Linda Brown Tel: 01356 627474
	Thursday: 2-4pm	Skills Development Scotland – Careers Support Drop In - Support for 16 to 19 year olds looking to get into employment, training or education.	Aimee Carroll Tel: 01241 43300 aimee.carroll@sds.co.uk
	Thursday: 12-3pm	Lunch Club – Aimed at older adults, weekly lunch club includes transport, 3 course meal, coffee and games. £5.00 per week.	Mary Dow Tel: 01356 625165
Brechin Community Pantry 7 Swan Street (next to City Hall)	Mon, Wed and Fri: 10am to 4pm	Community Pantry – provides emergency food, children’s clothing and other essential goods to feed and clothe those in need. We also provide a safe place for people to come and talk to someone in confidence and signpost to agencies that help in financial hardship.	Drop In during opening hours Tel: 01356 308639
	Tuesday: 12 – 4pm	Information Hub – open to all who wish to access information on community groups, activities, support with accessing other	Drop In during opening hours

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Brechin Information Hub		agencies and organisations and for those who find it difficult accessing information via digital means.	Contact: Shona Laidlaw on 07855 210113 or Sandra Livingstone on: 01356 627442
Brechin Library	Thursday: 1.30 – 3pm	Family Fun in the Library – come and share together, stories, crafts, games, songs and rhymes. Open to families with children 0-5 years. No cost.	
	Friday: 10 – 12pm	Knitting & Craft Group – tea/coffee and biscuit provided. All welcome.	
Brechin Rugby Club	All ages: Sunday from 10.30 Ages 7+: Tuesday 6.30pm Senior/veterans: Thurs 6.30pm and Saturdays 9am	Rugby Club – rugby for all ages and abilities for males and females. Open to boys and girls from ages 2 upwards whether you have played before or not. Car sharing possible if required. £1 per session. 1 st 2 sessions free.	Mandy Mackie Tel: 07877 810500
Gardner Memorial Church	Monday 6.30 – 8pm	Gardner Steel Pan Band – Fun playing West Indian Steel drums for easy play. No cost but all welcome.	John Grubb Tel: 01356 622792
	Wednesday: 10-11am, fortnightly (19 th Sep/ 3 rd , 17 th & 31 st Oct)	Toddler Time – Birth to school, listen and play activities. Families welcome. £1 per family.	Elizabeth Baillie Tel: 01356 629191
	Thursday: 10-11am 13 th , 20 th & 27 th Sep	Coffee n Chat – Open to all, come along and enjoy warm friendship and a cuppy. £2 per session.	Elizabeth Baillie Tel: 01356 629191
	Saturday 12.30-2.30pm	Stop Mental Health Stigma Group – Mutual peer support for people with mental health conditions. Open to ages over 16 years. Donations welcome. Transport maybe available on request.	Judi Toledo Tel: 07715 956514

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Newington Gardens Sheltered Accommodation Complex – Montrose Street	Monday: 10am-12pm	Damacre Divas – Recorder playing and tuition group. Open to all, no experience necessary. Car sharing can be arranged. £1 towards refreshments.	Nila Monckton Tel: 01561 340230
	Tuesday: 10am-12pm	Gardner Church Craft Group – Craft group for all ages, not necessarily church members. Can offer tuition on some craft skills. Transport can be arranged. £1 per session for refreshments plus meals out on occasions.	Nancy Scott Tel: 01356 622716
	Thursday: 1-3pm (fortnightly - 20 th Sep/4 th & 18 th Oct/1 st & 15 th Nov)	Brechin Community Singing Group – An enthusiastic singing for fun group who meet every fortnight. No auditions required and refreshments available. No cost.	Shona Laidlaw Tel: 07855 210113
Northern Hotel Clerk Street	Wednesday 2:00-3.45pm (weekly until April)	Acorn Club – To meet old and new friends and to use our time constructively. For retired or semi-retired. £12 per quarter plus £1.20 per week for refreshments. No transport but car share can be arranged.	Wilma Smith Tel: 01674 830022
Nova Suite 91 Montrose St	Tue & Thu: 6.30 - 8.30pm	Stop Mental Health Stigma - Catch Up Meets - These meets are open to anyone who suffers from mental health Issues, they are friendly, relaxed 'catch ups', where you can come and sit, have a chat and a cuppa without any form of judgement in a fun friendly atmosphere.	Carole Glen caroleglen@btinternet.com
The Old Church Panmure Street	Tue & Thu: 10am-12pm Wed: 2-4pm	Brechin Men's Shed – Community Group where men/women can share their skills or develop new skills, metalwork or other hobbies as well as socialising. No cost to join. Open to 18 years +.	Gordon Strachan Tel: 07594 618646
St Andrews Church Hall	Friday: 9.45-11.45am	Craft Group – long established group who enjoy learning and making various craft items. £6 per month which includes refreshments. All welcome.	Mary Dow Tel: 01356 625165

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MONTHLY DATES FOR YOUR DIARY

WHERE	WHEN	WHAT	CONTACT
City Hall Swan Street	Fourth Tuesday of the month at 2pm	Brechin & District U3A – The U3A is a UK wide movement which brings together people in their ‘third age’ to develop their interests and continue learning in a friendly and informal environment. Annual fee is £12.00. Aimed at retired people. No transport offered but members can offer car share.	Peter Stanton Tel: 07446 976465 www.brechinu3a.com
Various places	Usually second Sunday or the month	Contact the Elderly – An afternoon tea outing for elderly people. Members are picked up by volunteer drivers, taken to volunteer hosts for 2 hours, for chat, tea and cake once per month. 2pm to 4pm. No cost. Open to anyone over 70 who are lonely and isolated.	Jean Malcolm Tel: 01356 660238
	No set times yet, we are flexible and open to suggestions	Brechin Skate Park – A newly formed group who are looking for people to come along and help to pull together the funding to build a skate park in Brechin. Anyone who has an interest in helping our group. You don’t have to be young, you don’t have to skate, you just have to be keen to help.	John McLean Tel: 07481 911208

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LOCAL VOLUNTARY SERVICES

Angus Citizens Advice Bureau

Advice on a wide range of issues from benefits, housing, debt, NHS and much more.

By appointment: Mark Sweeney, Development Worker

Tel: 07708 713830

Together Angus Project

(based at Fire Station in Brechin)

Partnership project bringing together 5 services for Brechin community. Voluntary Action Angus, Citizens Advice, Angus Woman's Aid, Tayside Council on Alcohol and Angus Home Start. Working together to tackle poverty, inequalities and mental health. Contact: **Kirsty Maclean, Tel:**

07526 19967

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